

## Ben Porat Yosef December 2015

DAILY SALAD BAR (K-8)  
Iceberg, Romaine, Mesclun  
Lettuce, Grape Tomato,  
Baby Corn, Carrots, Croutons,  
Cucumbers, Peppers, Pickle Slices,  
Olive, Hard Boiled Eggs, Chix Peas

AVAILABLE UPON REQUEST:  
White& Whole Wheat Bread  
-Assorted Jelly  
-Plain Pasta

\*Menu Subject to Change

\*\*Food Provided by The  
Kosher Experience

\*\* Menu Subject to Change

\*\*Food is prepared under the  
supervision of The Orthodox  
Union

\*\*Food is served under  
supervision of the school

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Minestrone Soup Nuggets/Poppers Roasted Potato Corn on Cob Fruit	Vegetable Soup Cheese Lasagna Plain Pasta Vegetables Fruit	Pepper Steak White/Brown rice Garlic Broccoli Fruit	Pizza Vegetables Fruit
7	8	9	10	11
Pea Soup Fish Sticks Latkes Vegetables Apple Sauce	Grilled Chicken Couscous Teriyaki String Beans Fruit	Tomato Rice Soup Grill Cheese Sandwiches Vegetables Fruit	Deli Hero Coleslaw Sweet Potato FF Fruit	
14	15	16	17	18
Eggplant Parmesan Pasta & Sauce Broccoli & Cauliflower Fruit	Sloppy Joes Garlic bread Glazed Carrots Fruit	Bagels, Tuna, CC, Egg Salad, Lettuce, Sliced Tomato Fruit	Egg Drop Soup General Tso Chicken Brown/White Rice Fruit	Pizza Vegetables Fruit
21	22	23	24	25
Falafel & Pita Israeli Salad Fruit	Hot Dogs/Bun French Fries Vegetables Fruit	Mushroom Barley Soup Potato Knishes, Cheese Blintzes Sour Cream Vegetables Fruit	Yemenite Soup Shawarma Rice Vegetable Fruit	
28	29	30	31	
French Toast Yogurt, Berries, Granola, Vegetables Fruit	Chicken Soup Meatloaf Mashed Potato/gravy Vegetables Fruit	Tomato Soup Creamy macaroni & Cheese Vegetables Fruit	Schnitzel Roasted Potato Vegetables Fruit	