

Ben Porat Yosef February 2016

DAILY SALAD BAR (K-8)
Iceberg, Romaine, Mesclun
Lettuce, Grape Tomato,
Baby Corn, Carrots, Croutons,
Cucumbers, Peppers, Pickle Slices,
Olive, Hard Boiled Eggs, Chix Peas

AVAILABLE UPON REQUEST:
White & Whole Wheat Bread
-Assorted Jelly
-Plain Pasta

*Menu Subject to Change

**Food Provided by The
Kosher Experience
** Menu Subject to Change
**Food is prepared under the
supervision of The Orthodox
Union
**Food is served under
supervision of the school

Monday	Tuesday	Wednesday	Thursday	Friday
1 Potato Knishes Cheese Blintzes Sour Cream Fruit	2 Vegetable Soup Deli Hero Coleslaw Fruit	3 Eggplant Parmesan Plain Pasta Broccoli Fruit	4 Chicken Noodle Soup BBQ Chicken Potato Kugel Vegetables Fruit	5 Pizza Vegetables Fruit
8 Tomato Soup Lasagna Plain Pasta Sliced Vegetables Fruit	9 Yemenite Soup Shwarma Rice Israeli Salad Fruit	10 Grilled Cheese Sandwiches Plain/Whole Wheat Vegetables Fruit	11 Spaghetti & Meatballs Vegetables Fruit	12 Pizza Vegetables Fruit
15 NO SCHOOL	16 Chicken Soup Schnitzel Roasted Potato String Beans Fruit	17 Veggie Chili (mild) Chips, Rice, Corn Salsa Fruit	18 Hot Dogs/Bun Sweet & Plain FF Baked Beans Fruit	19 Pizza Vegetables Fruit
22 Veggie Burger/Bun French Fries Lettuce/Tomato Fruit	23 Pea Soup Grill Chicken Couscous Vegetables Fruit	24 Sweet Potato Soup Macaroni & Cheese, Plain Pasta Garlic Broccoli Fruit	25 Burrito Bar: Soft Taco, Beef, Rice, Beans, Lettuce Salsa	26 Pizza Vegetables Fruit
29 Vegetable Soup Baked Ziti Cauliflower & Broccoli Fruit				