

Ben Porat Yosef January 2016

DAILY SALAD BAR (K-7)

(May include the following)

Iceberg Lettuce
Baby Corn, Carrots, Croutons,
Cucumbers, Peppers, Pickle Slices,
Olives, Tomatoes, Hard Boiled Eggs

AVAILABLE UPON REQUEST:

-Whole Wheat Bread
-Assorted Jelly
-Plain Pasta

Available Monday & Wednesday
Only
-Milk

Monday	Tuesday	Wednesday	Thursday	Friday
				1 No School
4 Split Pea Soup Baked Ziti Vegetables Fruit	5 Chicken Lo Mein Rice Broccoli Fruit	6 Fish Sticks Sweet Potato Fries Vegetables Fruit	7 Chicken Soup Deli Roll Coleslaw Fresh Fruit	8 Pizza Vegetables Fruit
11 Mushroom Barley Soup Fettuccini Alfredo Garlic Broccoli Fruit	12 Taco Tuesday: Taco, Beef, Rice, Beans, Lettuce Fruit	13 Falafel & Pita Caesar Dressing Israeli Salad Fruit	14 Fire Poppers Mashed Potato (sweet) Vegetables Fruit	15 Pizza Vegetables Fruit
18 Tomato Rice Soup Potato Bar: Sour Cream, Shredded Cheese, Vegetables Fruit	19 Chicken Soup Grill Chicken Couscous Teriyaki String Beans Fruit	20 French Toast Yogurt Berries & Granola Vegetables Fruit	21	22
25	26	27	28	29