

Ben Porat Yosef June 2016

DAILY SALAD BAR (K-8)

(May include the following)

Iceberg Lettuce
Baby Corn, Carrots, Croutons,
Cucumbers, Peppers, Pickle Slices,
Olives, Tomatoes, Hard Boiled Eggs

AVAILABLE UPON REQUEST:

Whole Wheat Bread
-Assorted Jelly
-Plain Pasta

*Menu Subject to Change

**Food Provided by The
Kosher Experience

** Menu Subject to Change

**Food is prepared under the
supervision of The Orthodox Union

**Food is served under supervision of
the school

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Falafel & Pita Israeli Salad Fruit	2 Deli Roll Coleslaw Corn on Cob Fruit	3 Pizza Vegetables Fruit
6 French Toast Yogurt w granola Blueberries Vegetables Fruit	7 Taco Tuesday: Ground Beef, Rice, Black Beans, Chipotle Mayo, Lettuce Fruit	8 Macaroni & Cheese Plain Pasta Vegetables Fruit	9 Soup Schnitzel Couscous Vegetable Fruit	10
13	14 Spaghetti & Meatballs Vegetables Fruit	15 Vegetable Soup Potato Knish, Cheese Blintzes, & Apple blintzes Sour Cream Vegetables Fruit	16 BBQ Chicken Roasted Potato Vegetables Fruit	17 Pizza Vegetables Fruit
20 Bagels, CC, Tuna, Jelly, Eggs, Lettuce/Tomato Fruit	21 Chicken lo Mein Rice Broccoli Fruit	22	23	24
27	28	29	30	