

Ben Porat Yosef March 2016

DAILY SALAD BAR (K-8)
Iceberg, Romaine, Mesclun
Lettuce, Grape Tomato,
Baby Corn, Carrots, Croutons,
Cucumbers, Peppers, Pickle Slices,
Olive, Hard Boiled Eggs, Chix Peas

AVAILABLE UPON REQUEST:
White& Whole Wheat Bread
-Assorted Jelly
-Plain Pasta

*Menu Subject to Change

**Food Provided by The
Kosher Experience
** Menu Subject to Change
**Food is prepared under the
supervision of The Orthodox
Union

**Food is served under
supervision of the school

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Minestrone Soup Nuggets/Poppers Roasted Potato Corn on Cob Fruit	Mushroom Barley Potato Knishes, Cheese Blintzes Sour Cream Vegetables Fruit	Philly Steak/Bun (Mixed peppers & Onion) Rice Vegetable Fruit	Pizza Vegetables Fruit
7	8	9	10	11
Pea Soup Fish Sticks Mashed Potato Vegetables Apple Sauce	BBQ Chicken Couscous Teriyaki String Beans Fruit	Bagels, Tuna, CC, Butter, Egg Salad, Lettuce, Sliced Tomato Fruit	Deli Hero Coleslaw Fruit	Pizza Vegetables Fruit
14	15	16	17	18
No School	Sloppy Joes Garlic bread Vegetable Fruit	Sweet Potato Soup Creamy macaroni & Cheese Caesar Salad (dressing Mixed) Fruit	Chicken Soup Schnitzel Roasted Potato Vegetables Fruit	Pizza Vegetables Fruit
21	22	23	24	25
Vegetable Soup Baked Ziti Plain Pasta (sauce on the side) Sliced Vegetable Fruit	Hot Dogs/Bun French Fries Baked Beans Fruit	Falafel & Pita Israeli Salad Sesame Free Hummas Fruit	No School	Pizza Vegetables Fruit
28	29	30	31	
French Toast Yogurt, Berries, Granola, Vegetables Fruit	Split Pea Soup BBQ Wings Nuggets for EC Rice Vegetable Fruit	Cheese Quesadilla Sour Cream Guacamole Corn Salad, Salsa Fruit	Egg Drop Soup Chicken Lo Mein Brown Rice Broccoli Fruit	