

Ben Porat Yosef May 2016

DAILY SALAD BAR (K-8)
(May include the following)
 Iceberg Lettuce
 Baby Corn, Carrots, Croutons,
 Cucumbers, Peppers, Pickle
 Slices, Olives, Tomatoes, Hard
 Boiled Eggs

AVAILABLE UPON
 REQUEST:
 -Whole Wheat Bread
 -Assorted Jelly
 -Plain Pasta

*Menu Subject to Change

**Food Provided by The
 Kosher Experience
 ** Menu Subject to Change
 **Food is prepared under the
 supervision of The Orthodox
 Union

**Food is served under
 supervision of the school

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fish Sticks Mashed Potato Vegetables Fruit	3 BBQ Chicken Couscous Vegetables Fruit	4 Bagels, Egg & Tuna Salad, CC Vegetables Fruit	5 Egg Drop Soup Chicken Lo Mein Broccoli Brown Rice /White Fruit	6 Pizza Vegetable Fresh Fruit
9 French Toast Vanilla Yogurt Sliced Up Fruit Vegetables Fruit	10 Meatloaf Roasted Potato Vegetables Fruit	11 Vegetable Soup Baked ziti Caesar Salad Fruit	12 Falafel & Pita Israeli Salad Sesame Free Hummas Fruit	13 Pizza Vegetable Fresh Fruit
16 Soup Mac & Cheese Plain Pasta Vegetables Fruit	17 Egg Drop Soup Pepper Steak Fruit	18 Cheese Quesadilla Sour Cream Guacamole Rice Fruit	19 Deli Hero Coleslaw Vegetables	20 Pizza Vegetable Fresh Fruit
23 Apple& Cheese Blintzes, Potato Knishes, Sour cream Vegetables Fruit	24 Schnitzel Couscous Vegetables Fruit	25 Vegetable Soup Fettuccini Alfredo Garlic Broccoli Vegetables Fruit	26 Chicken Fajitas Burrito on the side Yellow Rice Black Beans Fruit	27 Pizza Vegetable Fresh Fruit
30 No Sessions	31 Hamburger/Bun French/Swt Potato Fries Lett/Tomato Fruit			