

November 2015 Ben Porat Yosef

DAILY SALAD BAR (K-8)
(May include the following)
 Iceberg Lettuce
 Baby Corn, Carrots, Croutons,
 Cucumbers, Peppers, Pickle
 Slices, Olives, Tomatoes, Hard
 Boiled Eggs

AVAILABLE UPON
 REQUEST:
 Whole Wheat Bread
 -Assorted Jelly
 -Plain Pasta

*Menu Subject to Change

**Food Provided by The
 Kosher Experience
 ** Menu Subject to Change
 **Food is prepared under the
 supervision of The Orthodox
 Union
 **Food is served under
 supervision of the school

Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Yogurt w Fruit Potato Pancakes Vegetables Fruit	3 No School	4 Tomato Rice Macaroni & Cheese Sliced Vegetables Fruit	5 Schnitzel Rice String Beans Fruit	6 Pizza Vegetable Fresh Fruit
9 Cheese Lasagna Plain Pasta Vegetables Fruit	10 Taco Tuesday Rice, Black Beans, Yellow Rice, Shredded Lettuce, Chipotle Mayo Fruit	11 Falafel & Pita Israeli Salad Fruit	12 Chicken Soup Hamburger/Bun Lettuce/Tomato French Fries Sweet Potato Chips Fruit	13 Pizza Vegetable Fresh Fruit
16 Vegetable Chili Rice Tortilla Chips Sour Cream Fruit	17 Deli Roll Coleslaw Fruit	18 Tomato Rice Soup Potato Bar Sour Cream Shredded Cheese Broccoli Fruit	19 BBQ Chicken Cous Cous Vegetables Fruit	20 Pizza Vegetable Fresh Fruit
23 Vegetable Soup Grill Cheese Sandwich Vegetables Fruit	24 Pasta & Meat sauce Garlic Bread wedges Vegetables Fruit	25 Sliced Turkey Gravy Sweet Potato Mashed Bread Stuffing Cranberry Relish Apple Juice Cookies	26	27
30 Fettuccini Alfredo Garlic Broccoli Vegetables Fruit				