

Ben Porat Yosef April 2016

DAILY SALAD BAR (K-7)

(May include the following)

Iceberg Lettuce
Baby Corn, Carrots, Croutons,
Cucumbers, Peppers, Pickle Slices,
Olives, Tomatoes, Hard Boiled Eggs

AVAILABLE UPON REQUEST:

-Whole Wheat Bread
-Assorted Jelly
-Plain Pasta

Available Monday & Wednesday
Only
-Milk

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza Vegetables Fruit
4 French Toast Yogurt Berries & Granola Vegetables Fruit	5 Soup Spaghetti & Meatballs Vegetables Fruit	6 Bagels, CC, Butter, Tuna, Egg Salad, Vegetables Fruit	7 BBQ Chicken Rice Vegetables Fruit	8 Pizza Vegetables Fruit
11 Macaroni & Cheese Plain Pasta Sliced Vegetables Fruit	12 Taco Tuesday: Taco, Beef, Rice, Beans, Lettuce Fruit	13 Fish Sticks Mashed Potato Vegetables Fruit	14 Soup Deli Roll Coleslaw Macaroni Salad Fruit	15 Pizza Vegetables Fruit
18 Penne Ala Vodka Plain Pasta Sliced Vegetables Fruit	19 Fire Poppers Nuggets for EC Couscous Vegetables Fruit	20 Falafel & Pita Sesame Free Hummus Israeli Salad Fruit	21	22
25	26	27	28	29