













# BPY September

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> 	<b>5</b> Minestrone Soup Hamburgers on a seedless bun  Potato Knishes Green Beans	<b>6</b> Three Bean Soup Cheese Quesadillas  Sautéed Peppers and Onions Spanish Rice	<b>7</b> Chicken Soup Schnitzel Orzo Asparagus	<b>8</b> Pizza  Green Beans Caesar Salad
<b>11</b> Onion Soup with Croutons Baked Ziti Roasted Cauliflower Quinoa Salad	<b>12</b> Turkey Hoagies  Corn on the cob Cole Slaw, Potato Salad	<b>13</b> Tomato Soup Grilled Cheese  Sweet Potatoes Marinated Mushroom Salad	<b>14</b> Meat Balls Basmati Rice Spaghetti Squash	<b>15</b> Pizza  Roasted Zucchini Caesar Salad
<b>18</b> Cheese Ravioli In Vodka Sauce Steamed Broccoli 	<b>19</b> Black Bean Soup Beef Tacos  Soft and Hard Tacos Roasted Corn And Peppers Brown Rice	<b>20</b> Erev Rosh Hashana  No Sessions	<b>21</b> Rosh Hashana	<b>22</b> Rosh Hashana
<b>25</b> Mac N Cheese  Broccoli Florets Purple Cabbage Slaw	<b>26</b> Chicken Nuggets  Toasted Egg Barley Vegetable Medley	<b>27</b> Zucchini Bisque Pancakes  Hash Browns Yogurt Assorted Berries	<b>28</b> Roasted Cauliflower Soup Chicken Lo Mein Asian Stir Fry Bulger Salad	<b>29</b> Erev Yom Kippur

## Available Daily

### Bread Display

Assorted Seed Free Mini Bagels

Sliced whole wheat Bread

Sliced White Bread

Sliced Rye Bread

Cream Cheese, Butter, Sliced Cheese, and Jelly

Soy butter

Salad Bar

May Include

Greens

Romaine, Mesclun, Spinach, Arugula, Iceberg

Vegetables

Cucumbers, Tomatoes, Shredded Carrots, Assorted Peppers, Edamame, Cherry Tomatoes, Celery, Mushrooms, Roasted Sweet Potato, Roasted Zucchini, Roasted Squash, Roasted Mushrooms, Green Peas, Red Cabbage, Red Onion, Baby corn, Chick Peas, Black Beans, kidney Beans, Diced Beets, water Chestnuts, Pickles, Olives, Hearts of Palm,

Toppings

Croutons, Chinese Noodles, Terra Sticks, Quinoa, Craisins, Tuna, Hard Boiled Eggs, and Plain Pasta

Dressings

Italian, Creamy Italian, Balsamic Vinaigrette, French, Russian, Caesar, Raspberry Vinaigrette, Olive Oil, Lemon Juice

Whole Fruit

Apples, Oranges, Bananas, Peaches, and Plums

Fresh Fruit Cups

Assorted Yogurt