









BPY December Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza  Roasted Broccoli Caesar Salad
4 Tomato Soup Grilled Cheese  Roasted Vegetable Medley	5 Beef Tacos  Soft and Hard Tacos Spanish Rice Roast Corn Salad Salsa, Shredded Lettuce, Tomatoes, Spicy Sauce	6 Potato Leek Soup Cheese Ravioli with Vodka Sauce Cauliflower	7 Egg Drop Soup Chicken Lo Mein Fried Rice Mushroom Salad	8 Pizza  Roasted Sweet Potato Caesar Salad
11 Minestrone Soup French Toast Yogurt Berries Maple Syrup	12 Chicken Nuggets Cous cous Garlic String Beans 	13 Zucchini Bisque Mac N Cheese  Roasted Broccoli	14 Meatballs Basmati Rice Sugar Snap Peas	15 No Sessions
18 Fish Sticks Potato Latkes with Apple Sauce Roasted Zucchini	19 Turkey Hoagies  Potato Knish Cole Slaw	20 Pancakes Hash Browns Yogurt Berries Maple Syrup	21 Chicken Soup Hamburgers on a seedless bun  Corn on the Cob Roasted Vegetables	22 Pizza  Broccoli Florets Caesar Salad
25 No Sessions	26 Black Bean Soup Shwarma Roasted Sweet Potatoes Israeli Salad Nut Free Hummus Pita	27 Cauliflower Bisque Eggplant Parmesan Sautéed Green Beans	28 BBQ Chicken Legs Roasted Potatoes Quinoa Salad Sesame Free Humus Pita	29 Pizza  Roasted Eggplant Caesar Salad

Available Daily

Bread Display

Assorted Seed Free Mini Bagels

Sliced whole wheat Bread

Sliced White Bread

Sliced Rye Bread

Cream Cheese, Butter, Sliced Cheese, and Jelly

Soy butter

Salad Bar

May Include

Greens

Romaine, Mesclun, Spinach, Arugula, Iceberg

Vegetables

Cucumbers, Tomatoes, Shredded Carrots, Assorted Peppers, Edamame, Cherry Tomatoes, Celery, Mushrooms, Roasted Sweet Potato, Roasted Zucchini, Roasted Squash, Roasted Mushrooms, Green Peas, Red Cabbage, Red Onion, Baby corn, Chick Peas, Black Beans, kidney Beans, Diced Beets, water Chestnuts, Pickles, Olives, Hearts of Palm,

Toppings

Croutons, Chinese Noodles, Terra Sticks, Quinoa, Craisins, Tuna, Hard Boiled Eggs, and Plain Pasta

Dressings

Italian, Creamy Italian, Balsamic Vinaigrette, French, Russian, Caesar, Raspberry Vinaigrette, Olive Oil, Lemon Juice

Whole Fruit

Apples, Oranges, Bananas, Peaches, and Plums

Fresh Fruit Cups

Assorted Yogurt