

# BPY February Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Grilled Chicken Cutlets Cous Cous Israeli Salad	2 Pizza  Broccoli Caesar Salad
5 Mac N Cheese String Beans Red Cabbage Salad	6 Chicken Soup with Noodles Chicken Nuggets Roasted Potatoes Green Peas	7 Baked Ziti Roasted Asparagus Parmesan Cheese	8 Beef Tacos Hard & Soft Shells Spicy Mayo Cilantro Diced Tomato Diced Onion Shredded Lettuce	9 Pizza  Roasted Mushroom Caesar Salad
12 Cream of Asparagus Soup Cheese Lasagna Parmesan Cheese Roasted Cauliflower	13 Meat Balls Basmati Rice String beans Cole Slaw	14 Pancakes Home Fries Yogurt Whipped Cream Nut Free Granola	15 Sweet and Sour Soup Chicken Lo Mein Mini Spring Rolls Sugar Snap Peas Mushroom Salad	16 Pizza Roasted Carrots Caesar Salad
19 NO SESSIONS	20 Turkey and Salami Sandwiches Cole Slaw Potato Salad	21 Plain Pasta Warm Marinara Warm Pesto Parmesan Cheese Roasted Cauliflower	22 Hamburgers Sliced Tomato Shredded Lettuce Sliced Onions Curly Fries Roasted Asparagus	23 Pizza Corn on the Cob Caesar Salad
26 Cheese Ravioli Vodka Sauce on the side Roasted Cauliflower Parmesan Cheese	27 BBQ Chicken Legs Mash Potatoes Green Peas	28 Cauliflower Bisque Grilled Cheese Roasted Corn		

## Available Daily

### Bread Display

Assorted Seed Free Mini Bagels

Sliced whole wheat Bread

Sliced White Bread

Sliced Rye Bread

Cream Cheese, Butter, Sliced Cheese, and Jelly

Soy butter

### Salad Bar

May Include

#### Greens

Romaine, Mesclun, Spinach, Arugula, Iceberg

#### Vegetables

Cucumbers, Tomatoes, Shredded Carrots, Assorted Peppers, Edamame, Cherry Tomatoes, Celery, Mushrooms, Roasted Sweet Potato, Roasted Zucchini, Roasted Squash, Roasted Mushrooms, Green Peas, Red Cabbage, Red Onion, Baby corn, Chick Peas, Black Beans, kidney Beans, Diced Beets, water Chestnuts, Pickles, Olives, Hearts of Palm,

#### Toppings

Croutons, Chinese Noodles, Terra Sticks, Quinoa, Craisins, Tuna, Hard Boiled Eggs, and Plain Pasta

#### Dressings

Italian, Creamy Italian, Balsamic Vinaigrette, French, Russian, Caesar, Raspberry Vinaigrette, Olive Oil, Lemon Juice

#### Whole Fruit

Apples, Oranges, Bananas, Peaches, and Plums

Fresh Fruit Cups

Assorted Yogurt